



Thrively

Getting Started with Thrively

This **Thrively Pro** guide is for all educators to support their initial implementation of Thrively and to help facilitate students' engagement with the platform.

- ✓ Students will identify their unique strengths and interests, cultivating greater self-awareness, confidence, and a strong sense of identity.
- ✓ Students will monitor their emotional well-being and reflect on how they are feeling and functioning, setting the mental conditions necessary for engaged learning.
- ✓ Students will explore and strengthen their sense of Hope , building resilience and maintaining focus on their long-term goals.
- ✓ Students will develop agency and self-direction by leveraging their strengths, identifying growth areas, and learning to collaborate meaningfully with others.

Thrively's Customer Success Team is here to help implement and personalize your experience for your school. Email us at support@thrively.com to schedule a Zoom call.

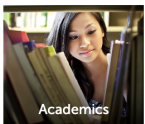
1. Begin with Interests and Aspirations



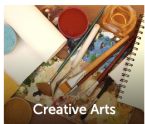
Before students unlock their strengths, they'll be invited to select their interests and aspirations. This brief, engaging activity helps personalize their Thrively experience and must be completed before accessing the Strengths Assessment. These choices allow educators to gain deeper insight into each learner's passions, goals, and potential pathways.

Welcome Joel!

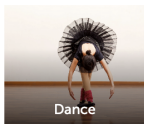
Let's customize your Thrively experience. Choose your interests below. You can also change them later.



Academics



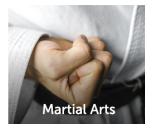
Creative Arts



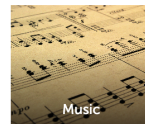
Dance



Drama



Martial Arts



Music



Outdoor Recreation



Practical Life Skills



Science & Technology



Sports



World Languages

Next

Your Top 3 Aspirations

What do you want to be when you grow up?



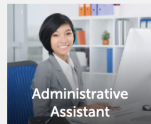
Accountant



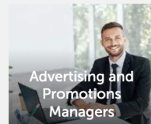
Actor or Actress



Actuary



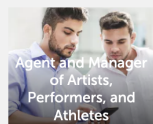
Administrative Assistant



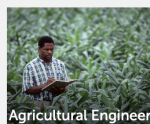
Advertising and Promotions Managers



Aerospace Engineer



Agent and Manager of Artists, Performers, and Athletes



Agricultural Engineer



Agricultural Inspector



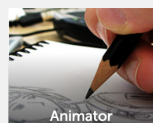
Agricultural Technician



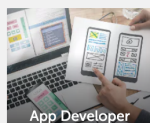
Air Traffic Controller



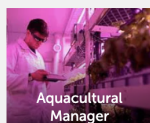
Anesthesiologist



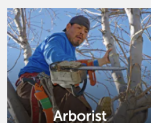
Animator



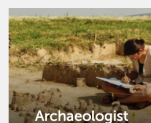
App Developer



Aquacultural Manager



Arborist



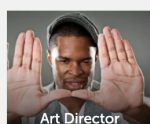
Archaeologist



Architect



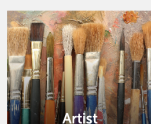
Architectural and Civil Drafters



Art Director



Art, Drama, and Music Teachers, Postsecondary



Artist



Astronaut



Astronomer



2. Unlock the Strengths of your Learners

The Thrively journey begins with the Strengths Assessment. When students log in—whether through Clever, ClassLink, or Google—they'll be prompted to take the assessment. This assessment takes 30-45 minutes and does not require completion in one sitting.

[Complete Later](#)

 **Thrively**

Welcome to Thrively Strengths Assessment

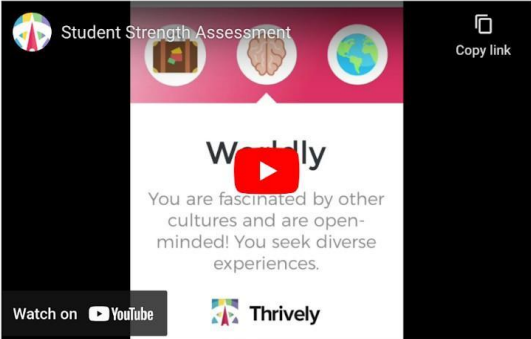
The Thrively Strengths Assessment identifies unique character strengths across 23 different factors. Once completed, the strengths profile becomes the basis for the rest of your Thrively experience. Use the Thrively platform to find activities and content to develop your talents.

Start Strengths Assessment

 Student Strength Assessment



 Copy link



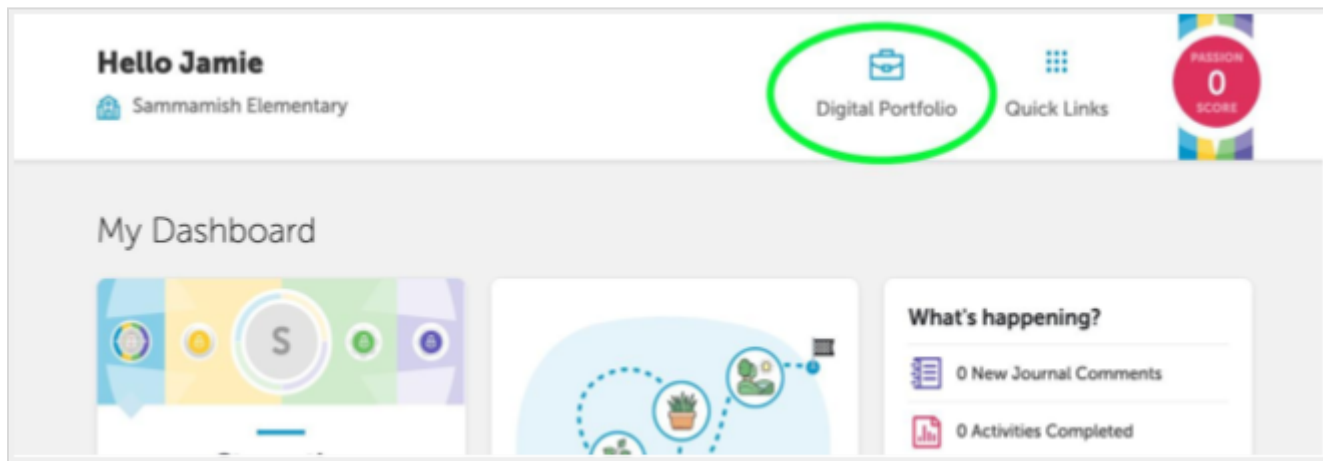
Watch on  YouTube

 Thrively

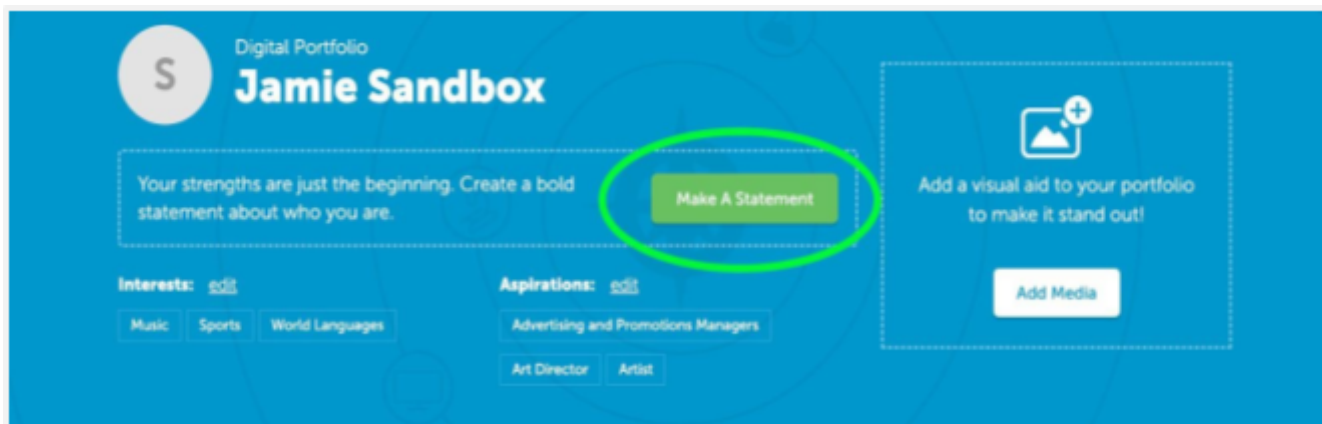


3. Ask students to create a dream statement

Once students have completed their strengths assessments, direct them to their dashboard where they will find the Digital Portfolio link.



Once in their portfolio, ask students to make a Bold Statement, a quick description of who they are and hope to be.



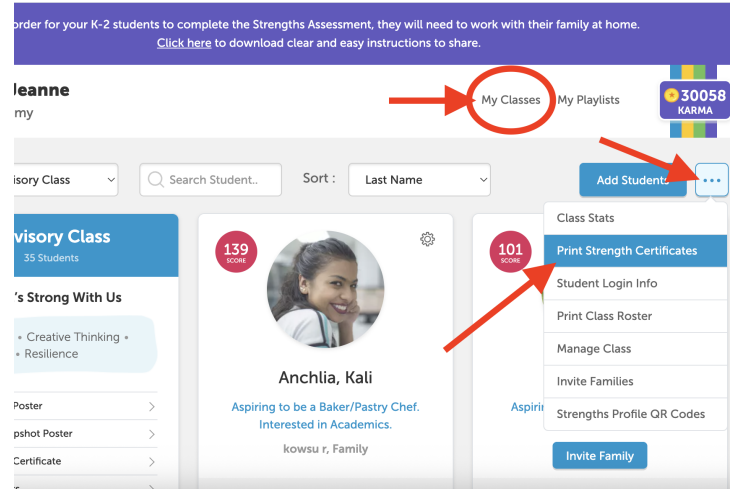
4. Print and share students' Strengths



Showcase student strengths by printing and sharing their results during student-teacher conferences, meetings, or Open Houses. These insights can also be used to personalize learning, foster collaboration, and build a strengths-based classroom environment.



[Learn how to print your students' Strengths Certificates](#)



Now that your students have completed the Strengths Assessment, let's keep the momentum going! Explore Our [Foundational Strengths Activities](#) to build on their strengths in fun, engaging ways that foster self-awareness and classroom connection.

5. Share Strengths with QR Codes

Make student strengths visible by printing personalized QR codes that link to their Strengths Profile—highlighting their Top 5 strengths, interests, and aspirations. Post them on desks, doors, or bulletin boards to spark meaningful conversations and celebrate each learner.

Refer to our [QR Code Instructions](#) for step-by-step guidance and display ideas.

QR Codes

Scan QR Code to view this student's Strengths Profile



Thrively

6. Support your students' well-being with weekly or monthly check-ins



You can proactively ensure your students are feeling and functioning well. Monitor students' well-being by asking your students to take the Well-Being Check-in weekly from their dashboard. Think about a creative way to introduce this weekly check-in: Mindful Mondays, Well-being Wednesdays, or Thankful Thursdays.

The screenshot shows the Thrively 'My Dashboard' interface. At the top, there's a navigation bar with the Thrively logo, 'Home', and 'My Assignments'. On the right, there are icons for 'Well-being' and 'Notifications'. The main content area is titled 'My Dashboard' and features several widgets. A red arrow points to the 'Well-being' widget, which has a heart icon and a 'Check-In' button. Other widgets include 'Strengths' with a 'Start Assessment' button, 'Goals' with a 'Set a Goal' button, 'Student Activity' showing 0 new journal comments, 1 activity completed, and 0 new messages, and 'My Assignments' showing a 'Career Path Finder'.

7. Support your students' Hope



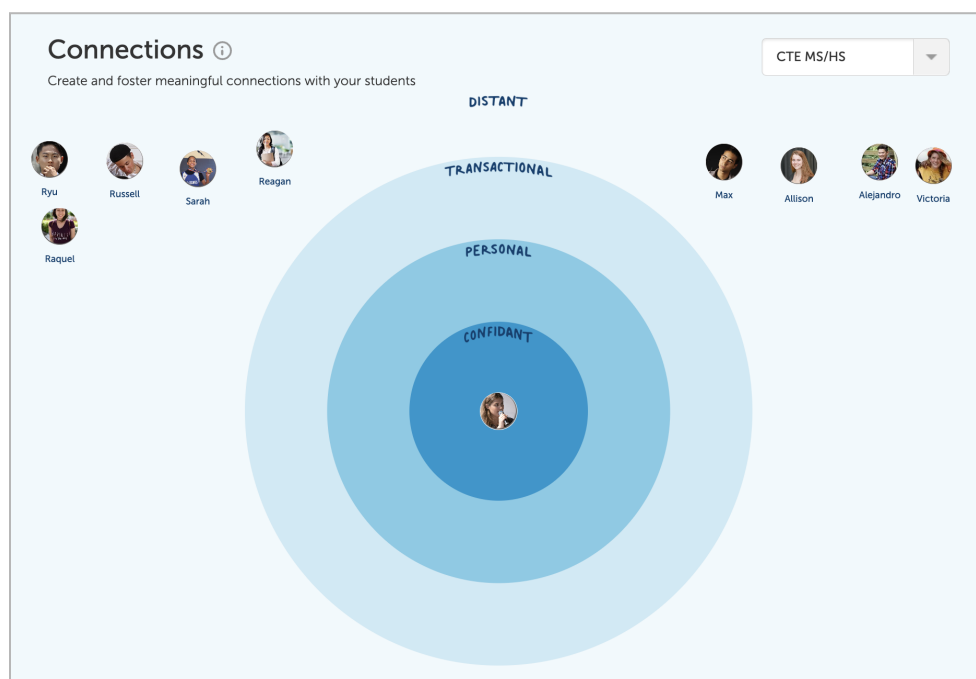
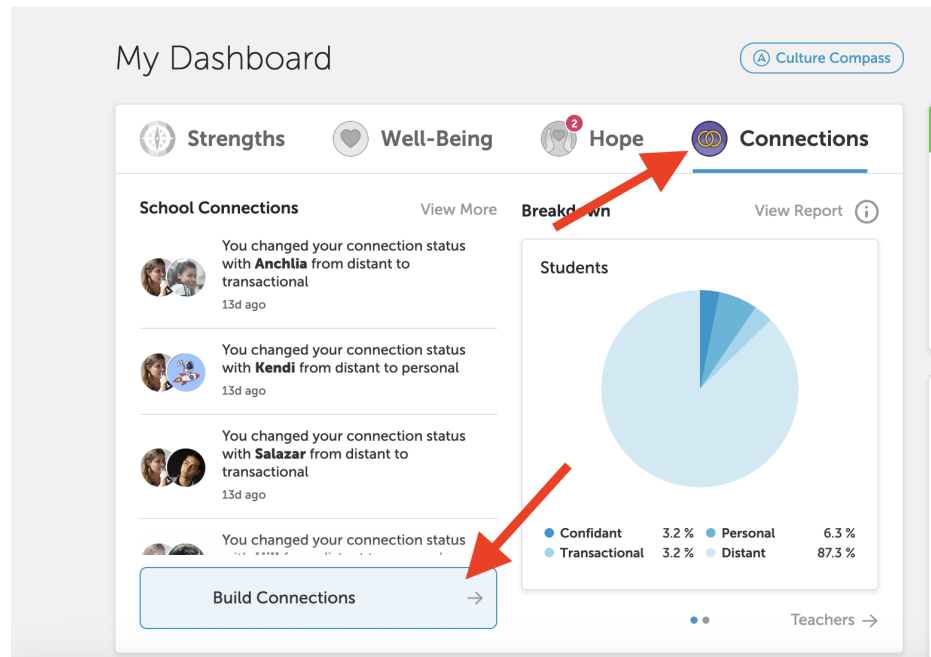
Hope is the primary predictor of academic success. Hope mediates anxiety in the brain and transforms all cognitive learning functions. Create a hopeful classroom by asking your students to take the Hope Index quarterly to provide a deeper understanding of your students' agency and pathways to reach their goals. Your students can find the Hope check-in from their dashboard.

The screenshot shows the Thrively 'My Dashboard' interface. At the top, there's a navigation bar with the Thrively logo, 'Home', and 'My Assignments'. On the right, there are icons for 'Well-being' and 'Notifications'. The main content area is titled 'My Dashboard' and contains several widgets. On the left, there's a 'Strengths' widget with a 'Start Assessment' button. In the center, there's a 'Well-being' widget with a 'Check-In' button. To the right of that is a 'Hope' widget, which also has a 'Check-In' button. A red arrow points to the 'Hope' widget. On the far right, there's a sidebar with 'Student Activity' (showing 0 new journal comments, 1 activity completed, and 0 new messages) and 'My Assignments' (showing a 'Career Path Finder' assignment). The 'Hope' widget is highlighted with a red arrow, indicating where students can find the Hope check-in.

8. Build meaningful connections



Connection is the foundation of belonging and engagement. When students feel seen, valued, and supported, they are more likely to participate meaningfully and thrive. The Connections Feature is a relationship intelligence system that invites educators to identify the type of connection they have with each student, visualize potential disconnection risks, and take targeted, data-informed action. Access the Connections Feature from your dashboard to gain real-time insights and strengthen classroom relationships with intention and care.





What's next?

Keep exploring all 23 strengths with deeper, meaningful lessons!

Dive into the  **Playlists**: below, where lessons are organized to help students further understand and apply each strength.

Playlists

Grade K-2	Thrively Strengths (K-2)
Grade 3-5	Thrively Strengths (3-5)
Grade 6-12	Thrively Strengths (6-12)

Additional Resources

Explore ready-to-use Program Guides that help students manage stress, build self-awareness, and develop key social, emotional, and academic competencies. Each guide includes developmentally appropriate lessons, offline activities, and reflection tools that center student strengths and support the whole child.

We have organized all the resources in the  **Program Guides** below:

Program Guides (linked on the Platform)

Social Emotional Learning (SEL)	College & Career Exploration	Career and Technical Education (CTE)
Middle School Advisory	High School Advisory	Gifted & Talented Education
AVID Learners	Early Childhood Education	Health & Wellness
Character Development	Portrait of a Learner / IB Learner Profile	STEAM

