



Thrively

Foundational Strengths Activities

After administering the Strengths Assessment, Thrively recommends taking intentional next steps to reinforce students' strengths through targeted activities and meaningful reflection opportunities. These follow-up experiences are designed to help students better understand their unique strengths, build confidence, and develop a deeper sense of self-awareness while also creating a strengths-based environment.

Next Steps:

1. Print Class Snapshot and display
2. Print Strengths Certificates and send home to families
3. Create a Bulletin Board to Display Student Strengths
 - a. Strengths in the Classroom- [Examples](#)
 - b. Student pictures surrounding Strengths Cards [\(K-2\)](#) | [\(3-12\)](#)
 - c. Students create a way to demonstrate their strengths
4. [QR Codes](#)
5. Complete the 'What's Strong With Us' activity together as a class- [Strengths Poster](#)
6. [Complete Top 5 Strengths reflection/discussion](#)
 - a. Top 5 Strengths Writing Extension
 - i. [Strengths Writing Prompts](#)
 - ii. [How I Use My Strengths](#)
 - iii. [Reflecting on My Strengths in Action](#)
7. Create something based on your strengths
 - a. [K-2 Activity](#)
 - b. [3-5 Activity](#)
 - c. [6-12 Activity](#)
8. Create a "[Strengths Spotlight](#)" Program
9. Create a cross-grade "[Strengths Buddy](#)" Partnership
10. Students work through the Strengths Playlist
 - a. Grade K-2 [Thrively Strengths \(K-2\)](#)
 - b. Grade 3-5 [Thrively Strengths \(3-5\)](#)
 - c. Grade 6-12 [Thrively Strengths \(6-12\)](#)

